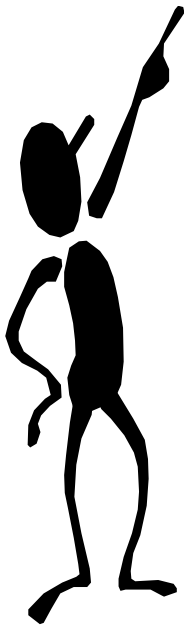


## WHAT? Share my Health and Social Care Information?



**The Hampshire Health Record is a combined electronic health and social care record about people living in Hampshire, Portsmouth and Southampton.**

The record is held securely and includes information from GP surgeries, hospitals, social care and community health teams.

This helps the health and social care professionals working with you to both coordinate and improve your care.

### **You do have a choice**

You can control what information is shared about you by:

- Requesting a copy of the information held about you on the Hampshire Health Record - you can then decide if you want to withhold your records
- asking who has looked at your Hampshire Health Record
- asking the HHR team or your GP not to share your records

### **Contact information**

Phone: 0300 123 1519

Email: [info@hantshealthrecord.nhs.uk](mailto:info@hantshealthrecord.nhs.uk)

Web: [www.hantshealthrecord.nhs.uk](http://www.hantshealthrecord.nhs.uk)

Write to:

Hampshire Health Record

NHS South Commissioning Support Unit

Omega House

112 Southampton Road,

Eastleigh

Hampshire SO50 5PB